



# Hidden — Prayers

# Introduction

Hi, it's Pastor Andrew with you here and I want to welcome you to this bonus book, Hidden Prayers.

As you probably know, prayer has the potential to bring about miracles.

It's one of the most powerful ways to stay connected to our Father, and seek His guidance and help in our lives.

And when you cultivate the habit of daily prayer, the results can be life-changing...

Especially when you couple prayer with using your Anointed Hemp. There's just something about this that can't be beat from my experience. (As well as the experience of many people I've shared this with.)

I believe the only thing more powerful than praying daily with Anointed Hemp, is being part of a prayer network on top of that.

And with your purchase of Anointed Hemp, you are now a part of our Prayer Warrior Network.

That means you'll have thousands of like-minded Anointed Prayer Warriors praying for you and whatever you seek God's assistance with.

I'm truly honored to welcome you to this extended family of ours. Whenever you need us to pray for you, simply submit your prayer to the Prayer Warrior Network, and know that you'll be in our hearts and prayers.

And one last thing. I recommend you use everything here in conjunction with your other bonus book, The Lazarus Effect. The information contained in that really has the power to make a dramatic transformation to your health.

Yours in Christ,

Pastor Andrew

# The Hidden Prayers

What I'm about to share with you are powerful passages from The Bible that can change your life.

The reason I'm calling them the 'hidden prayers' is because they come from scriptures that are NOT as common as many others...

I sure don't see other pastors and church leaders talking about these, although your experience may be different.

Now, these scriptures are ones that I believe contain lessons. So rather than just recite them here as is, we'll explore them in more depth here to uncover the lesson they contain.

So let's start with the 7 scriptures that contain great lessons that can lead to a better life and improved health.

† **#1 Matthew 13:22** Fruit is produced in my life because I read and understand your Word and I do not let the stresses and lure of wealth to distract me.

This verse contains a really powerful message.

So many people get caught up in chasing material possessions and the trappings of the modern world, that it actually can damage their health.

Especially in this time of social media, people are too worried about comparing themselves to others, focusing on what they don't have.

I have members of my congregations who admit to feeling stress and depression because they feel they don't have as much compared to what they see of their peers on Facebook or Instagram.

And studies are coming out now confirming that social media has an addictive effect on people, and the potential harm it is doing.

Now, I'm not here to denigrate social media. It can be used for positive purposes.

But for many people it has led them to become very focused on themselves, and the attention it gets them. And that's not the kind of life God intended for us.

Instead, as Jesus demonstrated, we should be focused on others and how we can help them. This sense of giving and selflessness leads to a freedom of spirit and joy of the soul that no amount of money can ever buy.

When someone is motivated by chasing wealth, they're purpose is to acquire more and more. It's a superficial objective and one that won't lead to true happiness.

But when you focus on the Word of God, and live the life he intended for you, it brings you more riches than the earthly variety could ever measure up to.

If you're wondering how to apply this in a practical sense, the first thing to do is change your goals. I'm not saying you shouldn't want money, because of course we all need it to live. But if you think you need more money — or more “stuff” — to be happy or fulfilled, you're setting yourself up for disappointment and disconnection from God.

Instead, focus on spiritual riches as taught in the Bible, as His teachings will reward you tenfold for your efforts.

Look for ways to impact the lives of others, and you'll enjoy spiritual richness here and for eternity in Heaven.

† **#2 Jeremiah 17:14** O Lord, if you heal me, I will be truly healed; if you save me, I will be truly saved. My praises are for you alone!

This verse speaks not only of physical health, but also spiritual health.

Sin is spoken of in the Bible as a disease, and this prayer can be seen as asking to be healed of sin. And when the sin is forgiven, then the body will in turn become healthier.

Now, in this day and age we know the influence emotions can have on our body and wellbeing. Negative emotions can like guilt, envy, anger and pride can all affect our health in ways we don't even anticipate.

And many people live their lives holding onto these emotions, suffering the consequences as a result.

Whether you want to view the circumstances that led to these emotions as sinful in nature or not is irrelevant. What's important is that you ask God to heal you of the burden of these emotions that have been weighing you down and impacting your health.

This is what one of the members of my congregation, Billy F, did that led to his shoulder healing. He'd been experiencing unexplained pain for months and his doctor couldn't see anything wrong.

But after counselling him, I discovered there were some emotional issues that were plaguing him. I suspected this may have been contributing to his shoulder problem.

So he started a daily routine of praying (using his Anointed Hemp) for God to heal him of his specific emotional struggles. Within 3 weeks 90% of the pain was gone, and a month later he was completely pain-free.

This really is a powerful practice, and something most people are completely unaware of. So take stock of the emotional burdens in your own life that could be weighing you down, and use this method to ask God to help unburden you.

† **#3 Matthew 23:23** I tithe and do not leave the more important things undone.

Obviously the importance of tithing goes without saying. Without this financial support, most churches wouldn't be able to function.

However, there's another lesson here about money.

People who see money as something to be hoarded and never shared, often have a scarcity mindset. They think there is only so much money to go around, and they don't want to risk losing their share.

But when you have an abundance mindset — that money is all around us and not a finite resource — you won't have any problem using it wisely. And the funny thing is when you give money away, it often has a way of coming back to you, often with interest.

I could tell you many stories of members of my congregation who used their money to help others... only to unexpectedly receive money themselves shortly thereafter.

So that's the lesson about money — don't be afraid to part with it when it will do some good for others.

The other lesson here is about not leaving the important things undone.

This is very true, and something I strive to stick to every day. Whereas many people will put off their most important tasks until last, it's wise to tackle them first. That way even if you don't have time for the lesser tasks, at least you can take stock that the more important work has been done.

One way you can do this is to use a daily planner. Before you go to bed each night, list out the 3 most important things you need to do the next day.

Then when you wake, commit to doing these things as early in the day as you can.

Not only is this great for productivity, it's also powerful for your state of mind. You'll feel a sense of relief and accomplishment when your tasks are done. Whereas many people go through the day feeling dread and overwhelm at the work they are procrastinating on.

If you start consciously doing this, pretty soon it'll just become a daily habit and you won't even have to think about it. By that point, it'll have made a huge difference in your life and what you're able to achieve.

† **#4 Matthew 25:29** I make good use of what I am given, so I will be given even more and have an abundance.

If you waste what the Lord provides for you, why should He give you more?

It seems obvious, yet we are living in a time where more people squander what they have than ever before.

And one thing this verse applies to — yet most people don't consider — is with health and fitness. God has given us the ability to use our bodies to create good health, increase our energy, and improve the quality of our life.

Yet if you choose to do nothing with that gift e.g. sit on the couch all day eating junk food, your body will pay the price.

This may manifest as illness or disease, weight gain, feeling lethargic and depressed, or just difficulty doing the things that used to be simple when you were younger and in better health.



And one of the excuses people give for this is age. It's accepted as common place these days that as you get older you can't be as physically active as in your younger years. But in biblical times people were still very much active well into their old age.

The truth is your body is a remarkable thing. It will do as much or as little as you ask of it. So if you're not being active, your body figures it has no reason to stay in shape or perform the best it can.

Now, this doesn't mean you need to be hitting the gym or doing intense workouts. Going for a brisk walk or a short run will do wonders for your health. As will simple bodyweight exercises like pushups and situps, which I now do everyday.

Why do I do this?

Because God's word says that if I make good use of what I am given, then I will be given even more and have abundance. And that has proven to be true 100% in my experience.

This verse isn't only about health, I'm just using this as an example. So look for all the ways you could apply this to other areas in your life. I'm positive it'll be life-changing for you.

† **#5 Matthew 6:33** I do not worry about everyday matters and I know that you will give me all I need as I make Your kingdom my primary concern. Because I do not worry I am free from illnesses that excessive worry brings.

This verse contains a lot of wisdom for those of us who get stressed by the minutiae of daily life.

Sometimes it can seem like there are so many thing to worry about... which leads to feeling overwhelmed, anxious and stressed.

But as the saying goes, “don’t sweat the small stuff.” The Bible gave us that same message — albeit a little more eloquently — for good reason.

Worrying about things does you no good.

In fact, there’s plenty of research to back up what God told us about worry leading to illness. It really does take a toll on your health, both mental and physical.

Science has shown that our stomach is like our ‘second brain’. It’s why anxiety and stress can be felt in our guts, and it has the potential to cause digestive problems over time. You can literally worry yourself sick.

And it seems that the more technology advances, and the more information we have available to us 24/7, the more there is to worry about.

But when we trust in God and the fact that He will take care of us, we don’t need to be stressed about everything. We have to let go of our fear of the unknown, and realize that things will work out according to His plan.

Besides, worrying about something won’t change it. So do what you can to ensure things go the way you would like, and then simply let go of your attachment to what happens after that.

It’ll improve your health, and you’ll also get more enjoyment out of life.

† **#6 Mark 6:31** Like Jesus instructed His disciples, I get away to quiet areas and rest.

We’ve already talked about the importance of being active and productive.

But it’s also important to take the time to rest, both your body and mind.

And for many people today, that’s harder to do than ever before.

Why?

Because they are constantly attached to their smartphones, and all of the stimulus that comes with it. It makes it hard for the brain to really switch off and relax. And there's also a lot of anxiety attached to checking social media constantly, particularly with younger people.

I remember even just 20 years ago how much more common it was for people to entertain themselves by reading a book.

But now many people struggle to read for more than 5 minutes at a time, due to having short attention spans. They'd rather go check Facebook or YouTube or watch something on Netflix.

But this over-stimulation of our brains isn't how God designed us to live. We need to be able to switch off and just be comfortable doing nothing from time to time to experience peace and relaxation.

So the takeaway lesson from this Bible verse is to find something you can do to rest and take a break.

One way people do this is meditation. There are different methods of meditation, but at their heart they all have the same purpose. To quiet the mind and help you experience being present in the moment.

There is a lot of research and anecdotal evidence to show the effectiveness of meditation, both short term and long term.

A method that I like to use is to sit in a quiet place for around 30 minutes at a time. I'll clear my mind and repeat a single word over and over again, which helps prevent my mind from wandering. The actual word you use doesn't matter, but I use the word 'grace', as it reminds me of God's grace for me and helps me feel relaxed.

Now, it doesn't have to be meditation that you use to relax. I know some people who'll visit a library and just sit quietly and read. While for some others it could be a spa or sauna they visit to really relax and unwind.

The key is to find something that works for you and make it a regular part of your life. The reason I like meditation is you can do it anywhere and it costs you nothing, but you might find something else suits you better.

† #7 **Luke 11:9** Because I ask, I will be given what I ask for, because I keep looking I find, because I keep knocking doors will be opened.

There is some very powerful wisdom contained in this verse. A lot of people will only do the first part, ask for what they want.

But the power here is in the other two actions: keep looking and keep knocking on doors.

That's because God helps those who help themselves. You can ask Him for what you want, but you also need to do your part in making it happen.

And when you take action and go after your goals, God will see that it's important to you and reward your commitment.

Let's take the example of wanting a new job. It's great to pray and ask God to give you the direction and guidance to help you land the job that you want.

However, if that's where you stop, then don't expect great results. That's because God isn't going to get on the phone and set up meetings for you.

He isn't going to reach out to your personal and professional network to see if your connections can help you. He isn't going to go email your CV to businesses that you'd be interested in working for.

It's up to you to do everything in your power to achieve your goals. God can help create the right circumstances for you to get what you pray for... but He isn't a magical genie that instantly delivers everything you wish.

He has given you the tools and the ability to get everything you need in life.

So it's up to you to use the gifts He has given you, not to squander them. The more action you take, the more fuel you're adding to the furnace and giving yourself the best chance of success with God's help.

Those are the 7 secret scriptures, but let me leave you with 1 more that sums everything up.

† **Luke 18:1** Jesus wants me to pray constantly and to never give up on what I am praying for.

Prayer is an incredible gift that we've been given. It's a direct line of communication with our Lord where we can seek His guidance and help... as well as share our gratitude for everything He does for us.

Notice in this verse though the use of the word 'constantly'. It's not enough to just pray now and then whenever you want something.

No, prayer should be a daily practice that you cultivate. It will enrich your lives in many ways and bring you a sense of peace and purpose.

And if you're praying for something important, pray for it regularly.

Don't just ask God for something once and then expect it to be done.

Show Him through prayer that this is something that has real meaning in your life.

Now, I've mentioned this previously, but if you want to increase the power of prayer, there's one thing that works exceptionally well. And that's adding some Anointed Hemp to your prayer ritual.

I can't explain why this works so well, nor can science.

The only explanation I can give is that this special oil is a gift directly from God that He wants us to use.

After all, it's referenced in the Bible so often, so there must be a reason for that. And with the results members of my congregation have gotten with this protocol, it's clear it has a divine purpose.

So to sum up:

Make prayer a regular practice, at least once daily, and use your Anointed Hemp when you pray.

Ask God for what it is you want, and for Him to guide you. But don't forget to do everything in your own power to make things happen also.

When you do all of the above — as well as apply the lessons from the 7 hidden scriptures — you truly can expect to see miracles in your life.

Yours in Christ,

Pastor Andrew